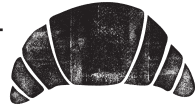


Breakfast



Continental

Fruit juices

Fresh fruit salad, fruit compote

Full selection of milks and natural yoghurt

Cereals

Charcuterie and cheese

Selection of local Cornish pastries, GF bread



Classics

Dry-cured James Kittow back bacon bloomer

Avocado and poached free range egg on toast (V)

Full English

James Kittow sausage, James Kittow back bacon, hogs pudding, grilled portobello mushroom, grilled plum tomato, baked beans, hash brown, free range eggs cooked to preference.

Veggie Full English (V)

Grilled portobello mushroom, grilled plum tomato, baked beans, hash brown, free range eggs cooked to preference, wilted spinach, veggie sausage.



From the Sea

Grilled kipper, herb and lemon butter

Smoked salmon and scrambled eggs on toasted sourdough



Eggs

Eggs Benedict: choice of Royale, Benedict, Florentine (V), or flat cap mushroom (V)

Classic Omelette: choice of ham, cheese, mushroom, salmon, spinach, tomato

Dippy eggs with soldiers



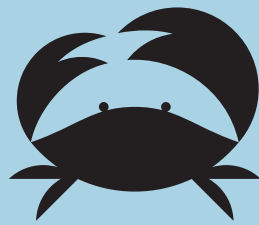
Sweet Treats

American Pancakes: Choice of lemon & sugar (V), or bacon, strawberry and maple syrup

Waffles: Choice of fruit compote, crème fraîche and maple syrup (V), or banana and honey (V)

Porridge: Choice of plain, berries, or honey (V)

If you have an allergy to certain foods, please inform a member of the team before ordering.
A discretionary service charge of 10% will be added to your bill, and all prices are inclusive of VAT.



Fowey Hall

CORNWALL