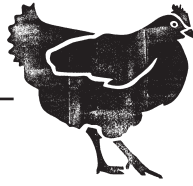


# Breakfast



## Cooked

### Full Cornish Breakfast

James Kittow's 'Pen n Tinny' sausage, smoked streaky bacon, grilled mushrooms, grilled tomato, baked beans, hash brown and your choice of Colin Carter eggs

### Full Vegetarian Breakfast (V)

Grilled mushrooms, grilled tomato, baked beans, hash brown, wilted spinach and your choice of Colin Carter eggs (V)

### Smoked Cornish Haddock

Soft poached Colin Carter eggs, lemon

### Eggs Benedict

James Kittow's ham, hollandaise, poached Colin Carter egg, toasted muffin

### Classic Omelette

With a choice of:

- James Kittow's ham
- Cornish cheese (V)
- Mushrooms (V)
- Coln Valley smoked salmon
- Spinach (V)

### Toasted Sourdough

With a choice of:

- Crushed avocado, salsa verde (V)
- Coln Valley smoked salmon
- Poached Colin Carter eggs (V)



## Sweet

### Trewithen Dairy Milk Porridge (V)

Maple syrup or  
Cornish honey

### American Style Pancakes

James Kittow's smoked streaky  
bacon, maple syrup

### Belgian Waffle (V)

Fruit compote,  
crème fraîche

Our continental breakfast is available for you to enjoy before,  
or after your cooked breakfast.



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If you have an allergy to certain foods, please inform a member of the team before ordering.



**Fowey  
Hall**

CORNWALL