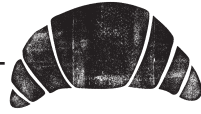


# Breakfast



## Continental

Fruit juices

Fresh fruit salad, fruit compote, fruit bowl

Full selection of milks and natural yoghurt

Cereals

Charcuterie and cheese

Croissants, pain au raisin, pain au chocolat,  
glute-free bread



## Classic

Dry-cured back bacon bloomer

Avocado and poached egg on toast (v)

Fowey Hall hog's pudding served with  
fried egg



## Eggs

Eggs Benedict: choice of Royale, Benedict,  
Florentine (v), flat cap mushroom (v)

Classic omelette: choice of ham,  
cheese, mushroom, haddock, salmon,  
spinach (v), tomato (v)

Dippy eggs (v)



## From the sea

Grilled kipper, herb and lemon butter

Hot-smoked mackerel on brown toast

Smoked salmon and scrambled eggs  
on toasted sourdough



## Sweet treats

Pancakes: choice of lemon and sugar (v),  
or bacon, strawberry and maple syrup

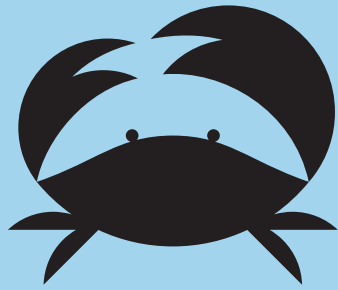
Waffles: choice of fruit compote, crème  
fraiche and maple syrup (v), or banana  
and honey (v)

French toast with cinnamon  
and maple syrup (v)

Porridge: choice of plain, berries,  
or honey (v)

If you have an allergy to certain foods, please inform a member of the team before ordering. Should you wish for a traditional English breakfast, please help yourself from our hot buffet, where our staff will be happy to assist.

**Non-residents are welcome to join us for breakfast at £16.95 per person, which includes a cooked breakfast, continental buffet, and hot beverages.**



# Fowey Hall

CORNWALL